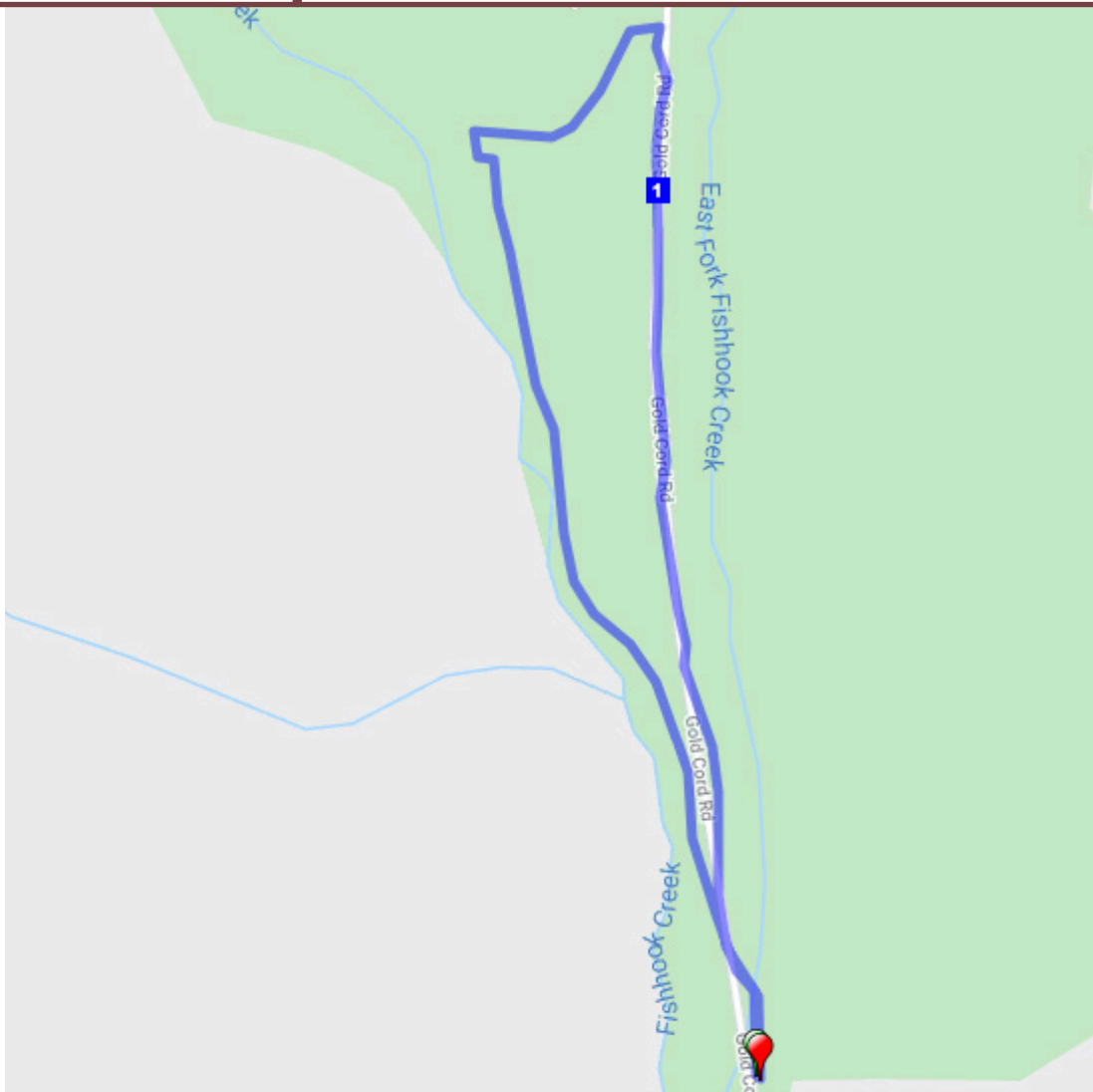


LEG 1 — INDEPENDENCE MINE

DISTANCE: 1.70	EXCHANGE NOTES: No need to leave, runner comes right back to the start line to hand off to #2. Enjoy the sunrise!
ELEVATION: +400	
RATING: Moderate	



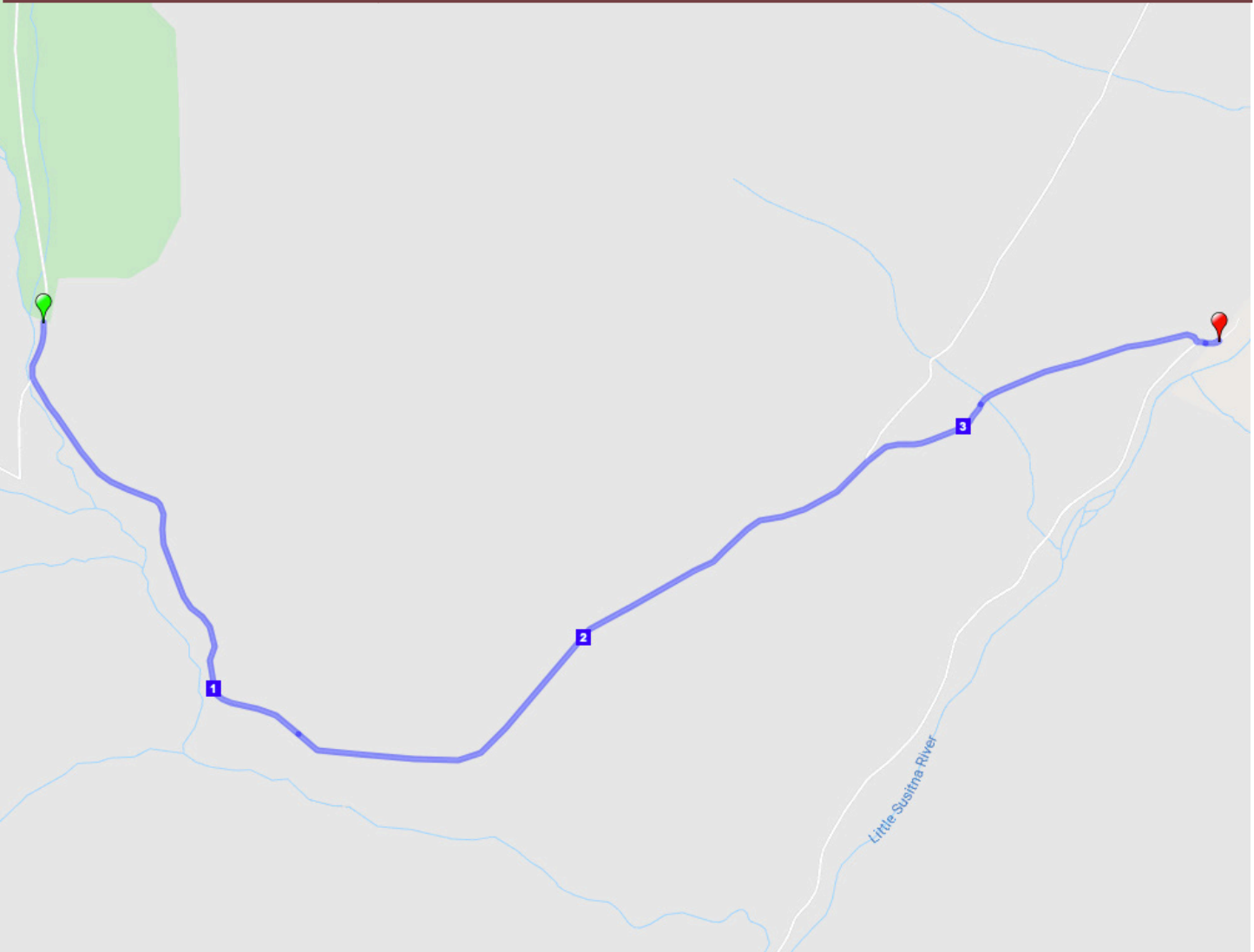
RUNNER NOTES

Short but fairly steep run up to the mine camp and back. Uphill is on skree trail for 0.8 mile, downhill back on the road.

DRIVER NOTES

LEG 2— HATCHER PASS

DISTANCE: 3.59	EXCHANGE NOTES: Gold Mint Trailhead.
ELEVATION: -1211.2	
RATING:	



RUNNER NOTES

The great descent! Take it easy on those quads while you take in the incredible view of the Valley to the south. Runners should stay on the left side of the road for the entire leg - do not cross lanes in curvy sections.

DRIVER NOTES

Be aware of runners coming in and out of parking lot entrance at Gold Mint Trailhead. Remember that all pull-offs on our course are still 100% open to the public.

LEG 3— LITTLE SUSITNA

DISTANCE: 7.35	EXCHANGE NOTES: Turner's Corner, 8238 Turner Rd, Palmer, AK 99645.
ELEVATION: -1120.9	
RATING:	



RUNNER NOTES

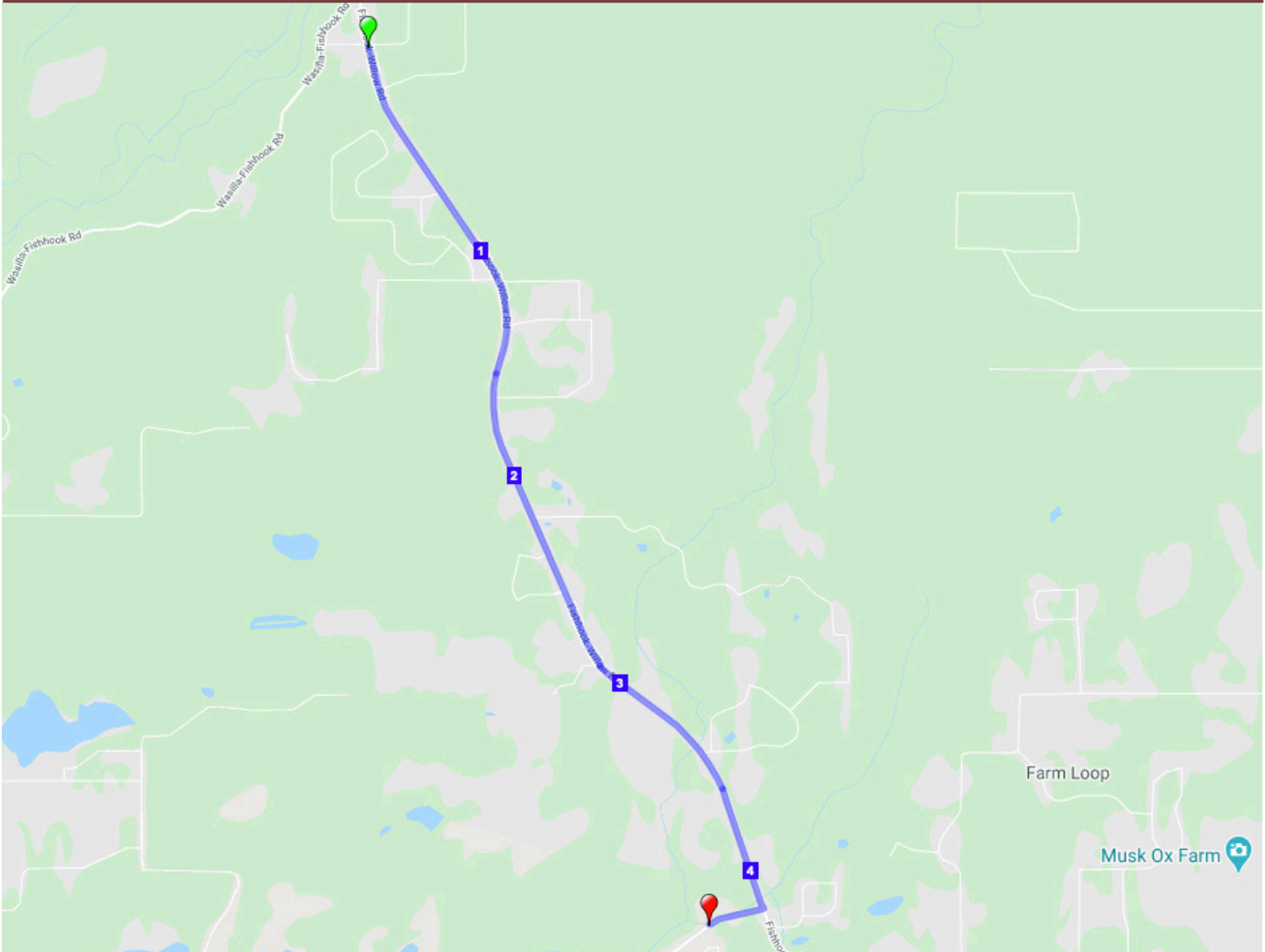
Long descent down the Little Su Canyon and out into Fishhook. Runner is on left shoulder for entire leg.

DRIVER NOTES

There are lots of pulloffs to cheer on your runner. Be sure to park appropriately and use caution when crossing road.

LEG 4— FISHHOOK ROAD

DISTANCE: 4.15	EXCHANGE NOTES:
ELEVATION: -307.3	Valley Country Store, 4715 N Trunk Rd, Palmer, AK 99645
RATING:	



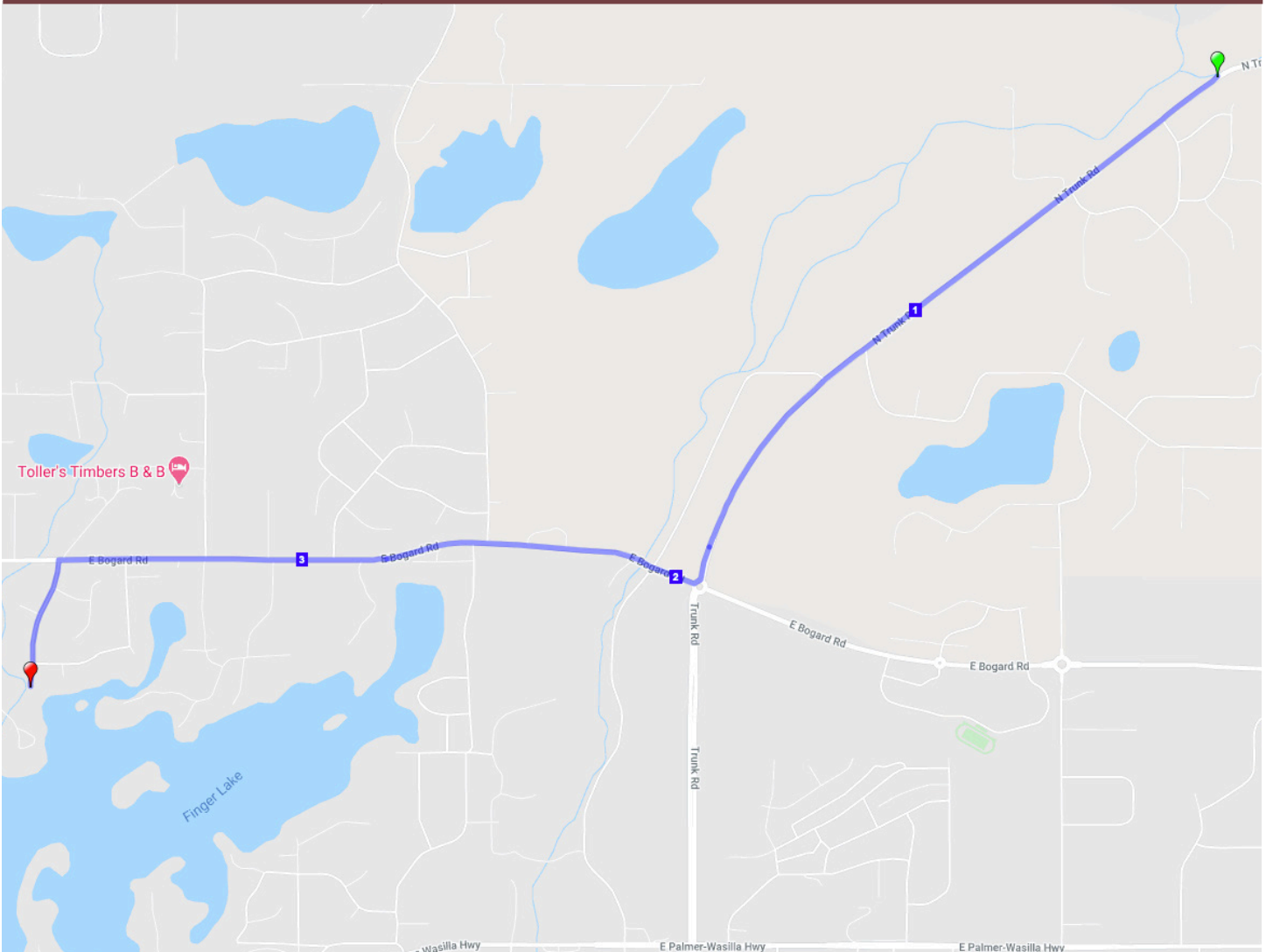
RUNNER NOTES

Continue on left shoulder of Palmer-Fishhook Rd.
Mile 4.1 - Right and Cross onto Trunk Rd pathway.
Runner is on left shoulder (northbound lane) of Palmer-Fishhook Rd.

DRIVER NOTES

LEG 5— FINGER LAKES

DISTANCE: 4.15	EXCHANGE NOTES: Palmer Elk's Lodge, 2600 N Barry's Resort Dr, Wasilla, AK 99645
ELEVATION: -52.4	
RATING:	



RUNNER NOTES

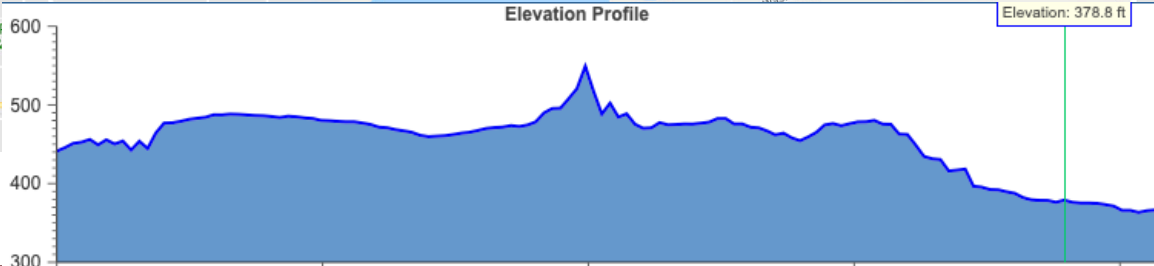
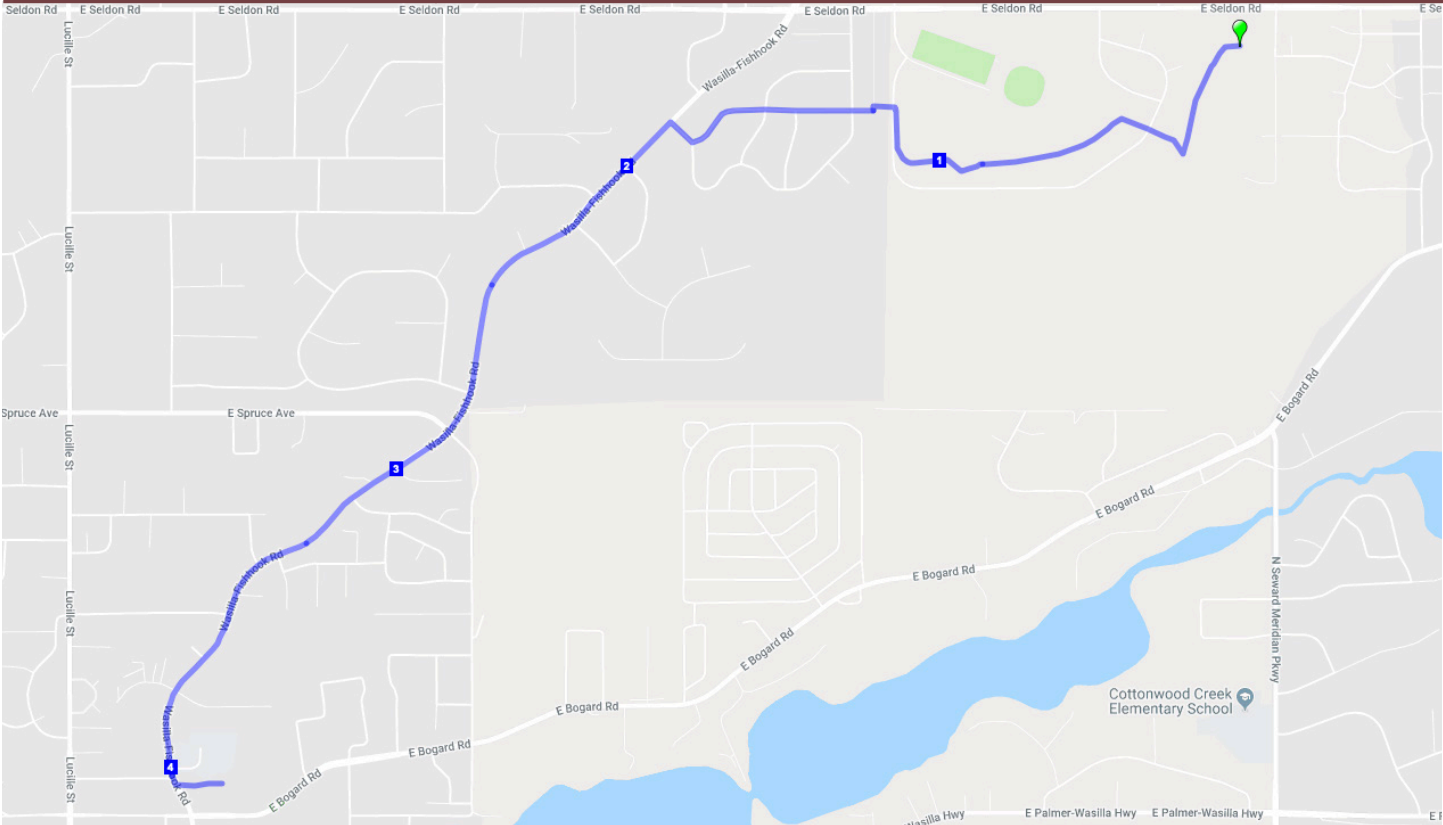
Mile 1.9 - Cross Traffic Circle and Right onto Bogard Road left shoulder (eastbound lane).

Mile 3.65 - Left on Barry's Resort Drive

DRIVER NOTES

LEG 7— WASILLA

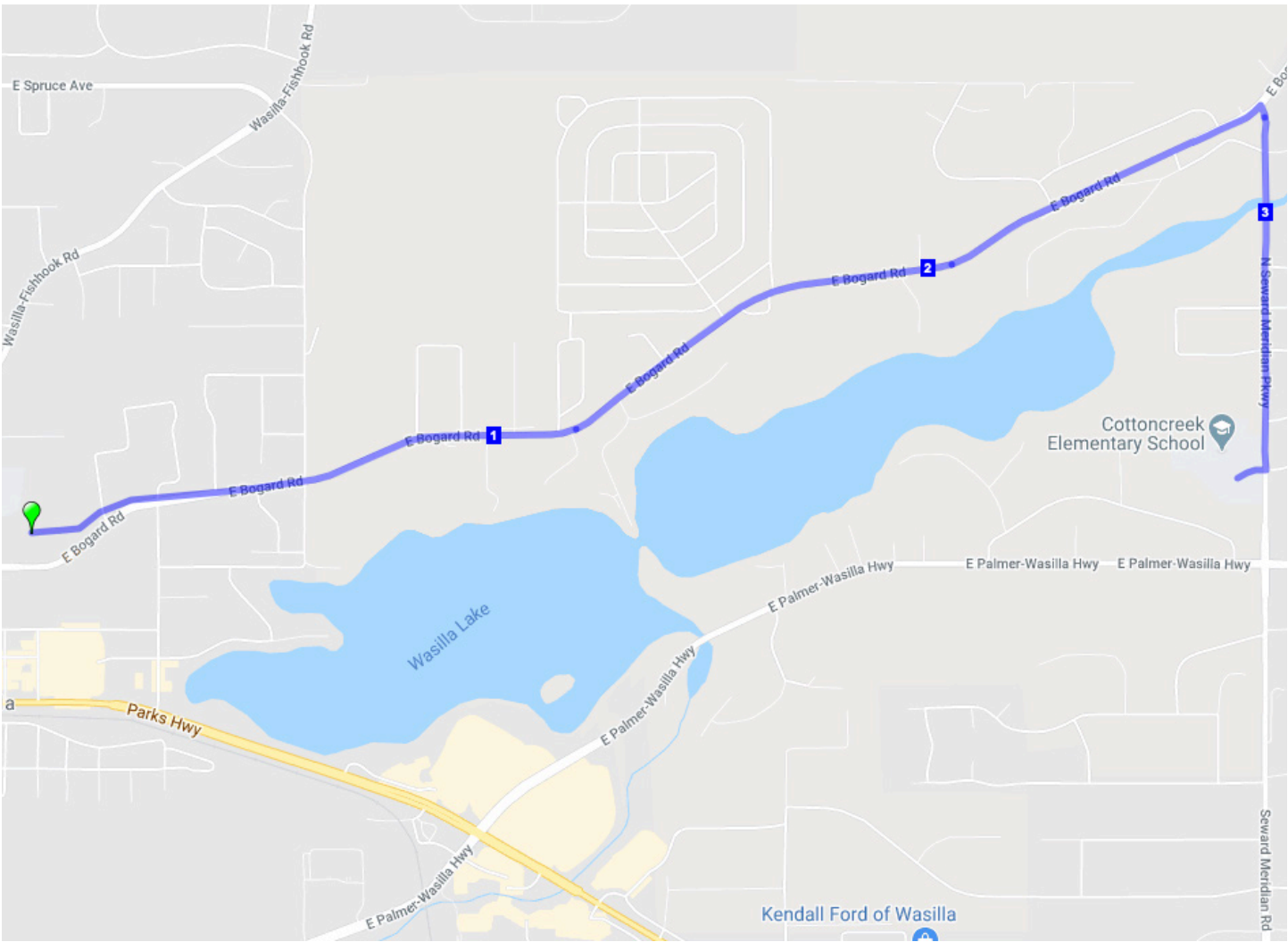
DISTANCE: 4.15	EXCHANGE NOTES: Good Shepherd Lutheran Church, 501 E Bogard Rd, Wasilla, AK
ELEVATION: -89.4	
RATING:	



<u>RUNNER NOTES</u>	<u>DRIVER NOTES</u>
Follow Path around backside of Teeland Middle School	Depart Teeland Middle School
Mile 0.3 - Right at trail jct, follow trail through Woodfield Park Neighborhood	Left on Seward Meridian Parkway
Mile 1.3 - Exit trail onto Porcupine Trail (street)	Left on Seldon
Mile 1.75 - Right onto Village Loop	Left on Wasilla-Fishhook Rd
Mile 1.8 - Left onto path along Wasilla-Fishhook Rd	Left on Bogard Rd.
Mile 4.1 -Left On Bike Path	

LEG 8— PALMER WASILLA

DISTANCE: 3.55	EXCHANGE NOTES: Cottonwood Elementary, 800 N Seward Meridian Pkwy, Wasilla, AK 99654
ELEVATION: 33	
RATING:	



RUNNER NOTES

Mile 0.6: Path ends at Peck St, run on shoulder.

Mile 2.75: Right to cross Bogard Rd AT LIGHT, run on right shoulder

DRIVER NOTES

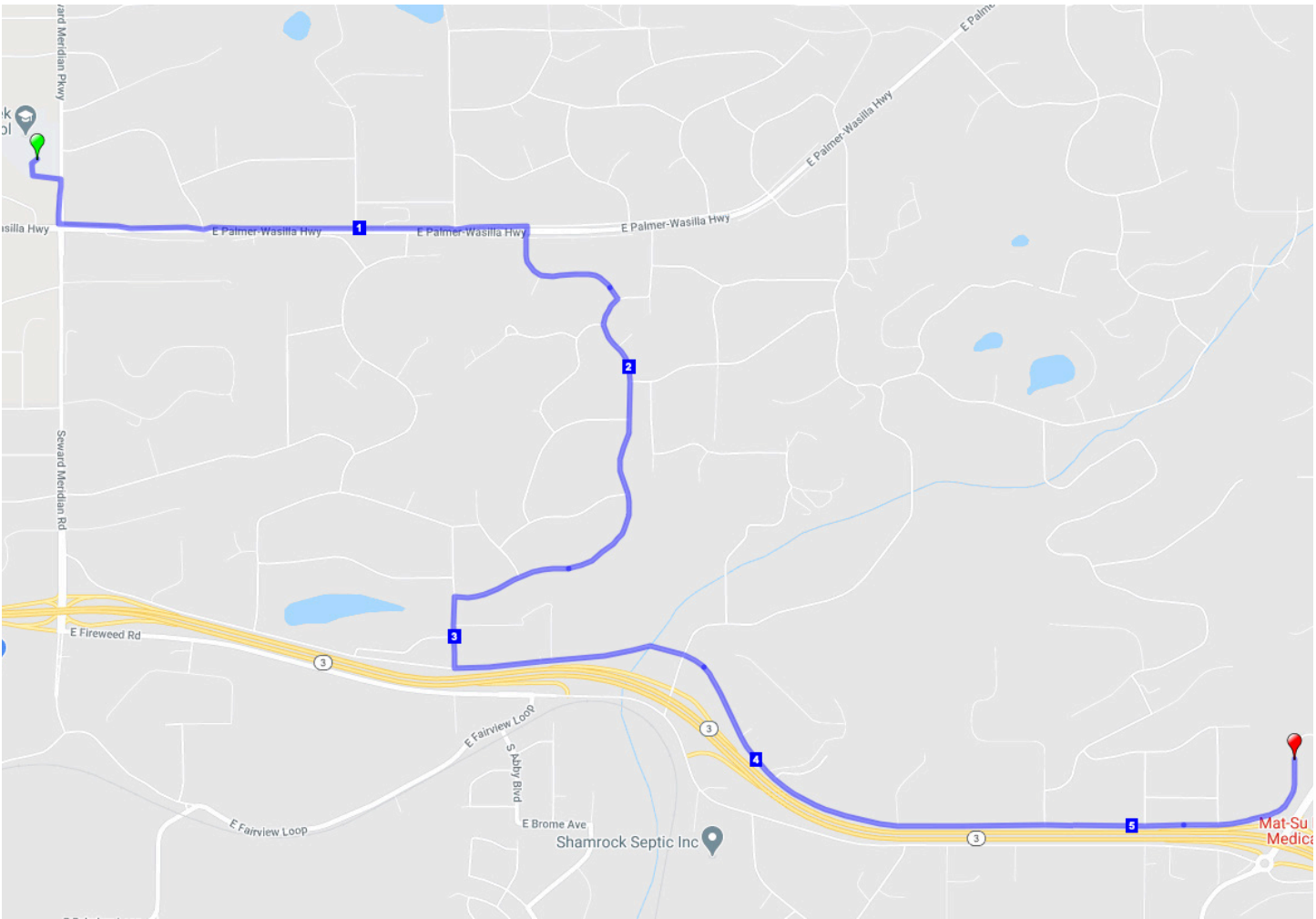
Left on Bogard Rd

Right on Seward Meridian Pkwy,

Exchange on Right

LEG 9— WASILLA CREEK

DISTANCE: 5.50	EXCHANGE NOTES: Trunk Road Park & Ride (Trunk Road & Blue Lupine Dr)
ELEVATION: -207.6	
RATING:	



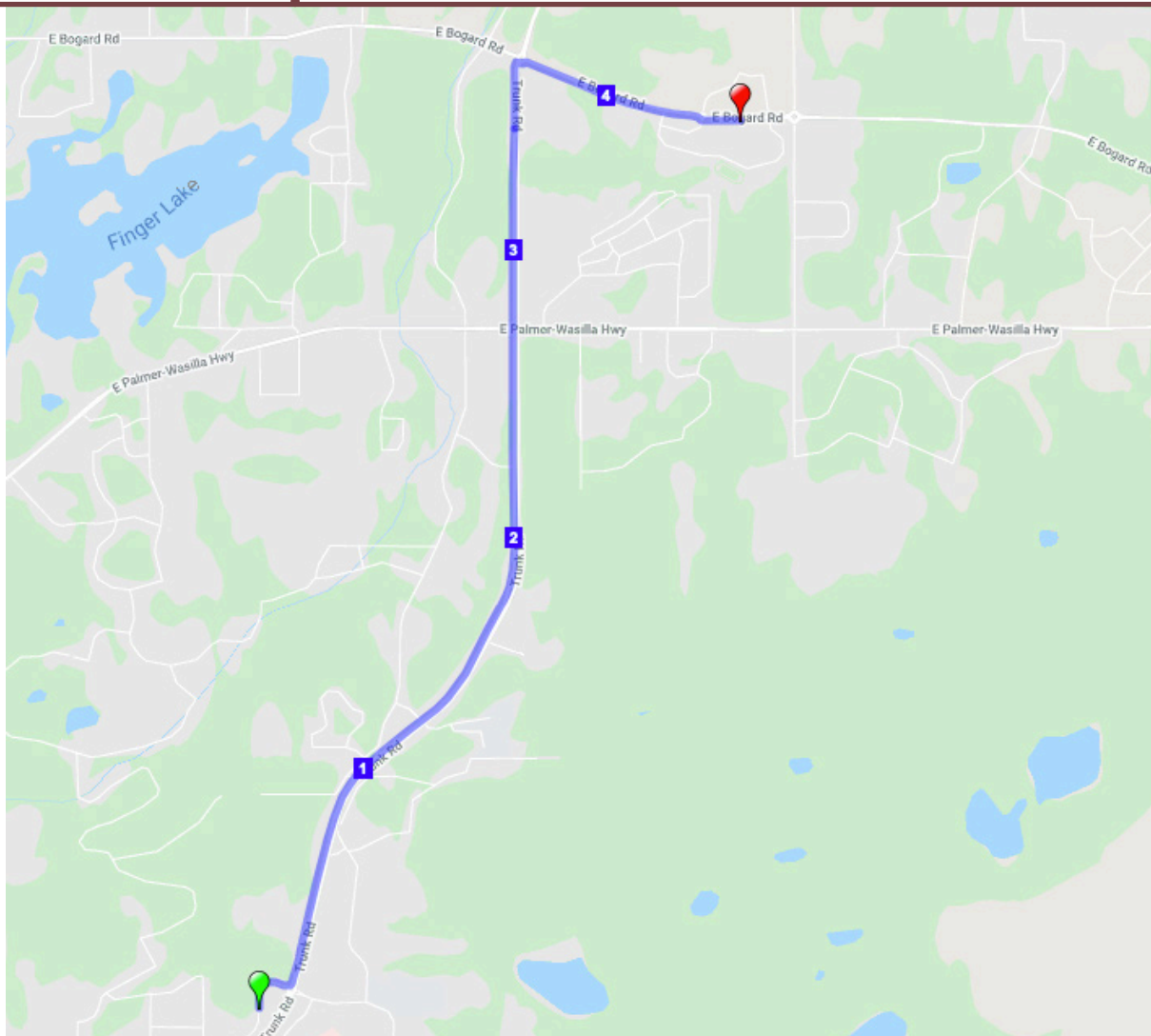
RUNNER NOTES

- 0.1 Miles - Right on Seward Meridian
- 0.3 Miles - Left & Cross at Palmer-Wasilla
- 1.4 Miles - Right & Cross at Shennum Dr
- 1.8 Miles - Right on Serrano
- 2.9 Miles - Left on Hay St
- 3.1 Miles - Left on Blue Lupine Dr pathway

DRIVER NOTES

LEG 10—TRUNK ROAD

DISTANCE: 4.48	EXCHANGE NOTES: Colony High School - 9550 E Bogard Rd, Palmer, AK
ELEVATION: 229.3	
RATING:	



RUNNER NOTES

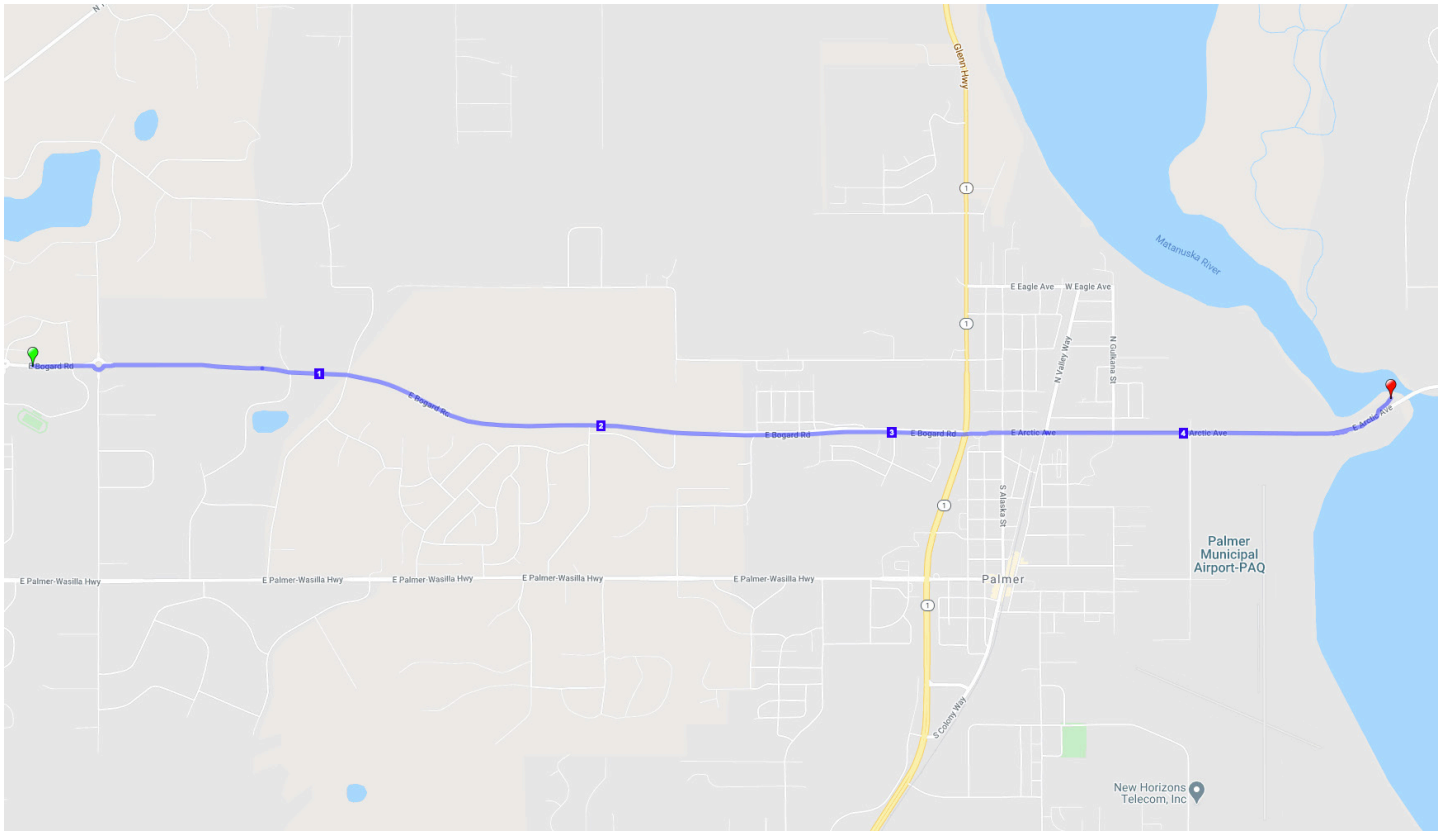
Mile 0.2 - Left at Trunk Rd (pathway)

Mile 3.65 - Right at Bogard Rd (pathway)

DRIVER NOTES

LEG 11 — MATANUSKA RIVER

DISTANCE: 4.93	EXCHANGE NOTES: Matanuska River Access - Milepost 16.5 Old Glenn Highway, Palmer, AK. parking lot just across the bridge on the right.
ELEVATION: N/A	
RATING:	



RUNNER NOTES

Follow path along Bogard

Mile 3.25 - Cross Glenn Hwy, road becomes Arctic Ave

Mile 4.65 - Follow path under Arctic Ave and across old Matanuska Bridge

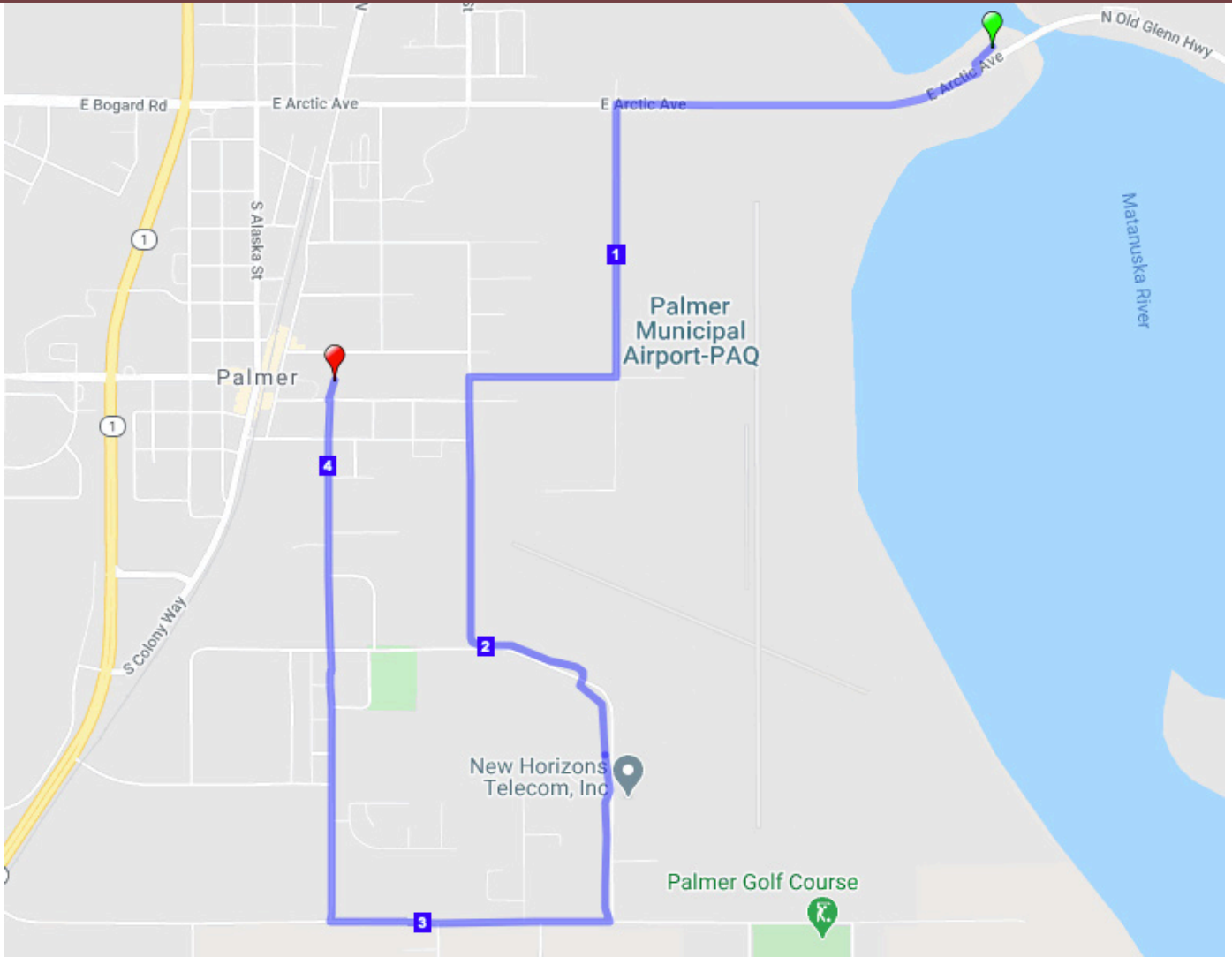
DRIVER NOTES

LEG 12— PALMER

DISTANCE:	3.55
ELEVATION:	N/A
RATING:	

EXCHANGE NOTES:

Finish at AleHouse.



RUNNER NOTES

Return down path across river
Mile 0.9 - Left on Airport Rd
Mile 1.7 - Left on Gulkana St
Mile 1.85 - Follow road onto access trail
2.15 miles - Right on Outer Springer Loop (rightside shoulder)
3.15 miles - Cross and Right on Chugach St

DRIVER NOTES

You can follow runner for most of this leg. From Gulkana, turn right on Fireweed Ave, Left on Chugach St, and left on Outer Springer Loop.