

Scandia Run Entry Form - Saturday, August 10th, 2019, 8:00 am

Please make checks payable to VSAC and return completed form with payment to:

VSAC, P.O. Box 336, Junction City, OR 97448

Name- First _____ Last _____

Address _____

City _____ State _____ Zip Code _____

Phone _____ Sex (circle one) - Male Female Age on Race Day _____

Email _____ USATF Member NO. _____

Emergency Contact on Race Day: Name: _____ Phone # _____

Please circle if applicable: Wheelchair Racer Team Racer Team Name _____

Select Event (circle one) - 10K Scandia Run 5k Run 4 Mile Walk Scandia Jr. 400m

(The Scandia Run 10K is a championship race for the Oregon USATF Road Race Series. Go to Scandia Run.com for more information)

Regular fee through August 3rd:

(Circle One) Color Tech T-Shirt- \$30 Without T-Shirt \$20 Child 11 and under with T-Shirt \$15 (10K and 5K)

Late fee after August 3rd:

(Circle One) Color Tech T-Shirt \$35 Without T-shirt \$25 Child - 11 and under w/shirt \$20

Scandia Jr. 400m race;

Regular fee through August 3rd with a 100% cotton T-Shirt \$12

Late fee after August 3rd with a 100% cotton T-shirt \$20

Shirt size (circle one) Youth sizes=100% cotton Adult Sizes =tech

Youth: YS YM YL YXL

Men: Small Medium Large X-Large 2XL (add \$3) 3XL (add \$3)

Women: Small Medium Large X-Large

Waiver (must be signed to accept entry)

I understand that participating in a running/walking race is a potentially hazardous activity. I should not enter the Scandia Run 10k, 5k, Walk, or kids 400m unless I am medically able and properly trained. I agree to abide by any decision of race officials relative to my ability to safely complete the event. I assume all risks associated with participating in this event including but not limited to; falls, contact with other participants or traffic, the effects of weather including high heat, medical emergencies, and unforeseen circumstances. Having read this waiver, knowing these risks, and in consideration of accepting my entry, I, for myself and anyone entitled to act on my behalf waive and release, the race director, race staff, race volunteers, The Valley South Athletic Club, RRCA, all sponsors, Junction City, and their representatives and successors, from all claims or liabilities of any kind arising out of my participation in the Scandia Runs or Walks, even though said liability may arise out of my own negligence or negligence on the part of the persons named in this waiver. I grant permission for all the foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Signature

Date

Signature of parent or guardian if under 18 on race day

Date

